



## BONE & JOINT CENTER 2012

### Patient Education Classes: Total Joint Replacement

Community Health Education Center – 110 Crystal Run Road, Middletown

January 3	5:00 pm - 8:00 pm	July 10	12:30 pm - 3:30 pm
January 10	12:30 pm - 3:30 pm	July 17	9:00 am - 12:00 pm
January 17	9:00 am - 12:00 pm	July 24	9:00 am - 12:00 pm
January 24	9:00 am - 12:00 pm	July 31	12:30 pm - 3:30 pm
January 31	12:30 pm - 3:30 pm		
		August 7	5:00 pm - 8:00 pm
February 7	5:00 pm - 8:00 pm	August 14	12:30 pm - 3:30 pm
February 14	12:30 pm - 3:30 pm	August 21	9:00 am - 12:00 pm
February 21	9:00 am - 12:00 pm	August 28	9:00 am - 12:00 pm
February 28	9:00 am - 12:00 pm		
		September 4	5:00 pm - 8:00 pm
March 6	5:00 pm - 8:00 pm	September 11	12:30 pm - 3:30 pm
March 13	12:30 pm - 3:30 pm	September 18	9:00 am - 12:00 pm
March 20	9:00 am - 12:00 pm	September 25	9:00 am - 12:00 pm
March 27	9:00 am - 12:00 pm		
		October 2	5:00 pm - 8:00 pm
April 3	5:00 pm - 8:00 pm	October 9	12:30 pm - 3:30 pm
April 10	12:30 pm - 3:30 pm	October 16	9:00 am - 12:00 pm
April 17	9:00 am - 12:00 pm	October 23	9:00 am - 12:00 pm
April 24	5:00 pm - 8:00 pm	October 30	12:30 pm - 3:30 pm
May 1	5:00 pm - 8:00 pm	November 6	5:00 pm - 8:00 pm
May 8	12:30 pm - 3:30 pm	November 13	12:30 pm - 3:30 pm
May 15	9:00 am - 12:00 pm	November 20	9:00 am - 12:00 pm
May 22	9:00 am - 12:00 pm	November 27	9:00 am - 12:00 pm
May 29	5:00 pm - 8:00 pm		
		December 4	9:00 am - 12:00 pm
June 5	5:00 pm - 8:00 pm	December 11	12:30 pm - 3:30 pm
June 12	12:30 pm - 3:30 pm	December 18	9:00 am - 12:00 pm
June 19	9:00 am - 12:00 pm		
June 26	9:00 am - 12:00 pm		

If you can, bring a "Coach" (family member or friend).  
**Please be sure to register your "Coach" so that enough space and refreshments are available.**

If you have any questions, please call Simone Stein, Manager Bone and Joint Center at 845-333-4150  
 Refreshments will be served.

**To register,** please visit [ormc.org/communityoutreach](http://ormc.org/communityoutreach) or call the Orange Regional Health Connection toll-free at **1-888-321-ORMC (6762)**.

**Please visit our web site to view educational materials and videos at [www.ormcspineortho.org](http://www.ormcspineortho.org)**